



真理之聲
VOICE OF TRUTH

Sharings From Interns 2026

I LEARNED..... I GAINED..... - Abigail Lee

I learned that I need to be more organized and plan more beforehand, like if anything goes wrong to have a backup plan. I also learned that co-workers need to communicate better with each other. I also gained more knowledge about being a Christian during spiritual development meetings.

UNFORGETABLE TIME OF GROWTH - Emily Fong

My time interning with the church has been an unforgettable time of growth.

Stepping into greater responsibility allowed me to experience the strength of our church community in a whole new way, working alongside dedicated leaders, watching campers worship with genuine enthusiasm, and seeing kids ask deep questions made every hour of preparation deeply rewarding.

But stepping into this role wasn't without its hurdles. Mid-week physical and mental exhaustion tested my endurance and pushed me out of my comfort zone. Through those low points, I learned that fruitful ministry doesn't depend on my own perfection or energy, but on relying on God's grace when my own strength runs out.

To our church family: I want to thank you for every prayer and word of encouragement that helped me through my challenges. I'm super grateful to see how God is moving in our church.

WITH ALL MY HEART - Jason Leung

I got the opportunity to learn more about my faith and I got to experience God working in so many campers' lives, as well as my own. I loved doing the hype worship in the intro outros during VBS and the active participation during AIA. Spiritual development helped guide me back to the path God wants me to be on, and helping out with the little tasks around the Church allowed me to improve on my responsibility.

At the same time, I found myself very stressed at some points, as I was often told to take charge of everything. Carrying the duty of 4 people felt really difficult at some points, with little to no reward. That was what I felt near the middle of the journey, but I then found peace after reading Colossians 3:23, where it reminded me that I wasn't chasing a reward. I was here to honor God and I delivered, as I put my best efforts into everything I did these last 8 weeks.

VALUABLE LESSONS ABOUT LEADERSHIP - Ray Yeung

One of the biggest lessons I learned is that timing and patience can make a huge difference when working with kids. At first, I thought spending lots of time delegating tasks before a game was a good idea. However, I quickly discovered that spending ten minutes explaining who should do what can feel like ten hours to a group of energetic kids. While I was organizing, many of them became bored, distracted, and started paying attention to everything except the activity. I now think that delegation is important, but doing too much of it at the wrong time can take away from the fun, excitement, and attention.

Another lesson I learned is that yelling is rarely the answer. There were moments when I felt frustrated and thought raising my voice would help everyone focus. Instead, it had the opposite effect. The kids became nervous, quieter, and less willing to listen. I realized that children respond much better to calm instructions and patience. Managing kids requires understanding, self-control, and the ability to stay positive even when things get chaotic. A calm leader earns respect much faster than a loud one.

Finally, I learned the importance of starting early. It is easy to think that waiting a few extra minutes will not matter, but those minutes can quickly turn into a lot of stress later on. When preparations start late, everything feels rushed, and small problems become much bigger. Starting early gives time to solve issues, stay organized, and feel more confident throughout the day.

Overall, these experiences taught me valuable lessons about leadership. I learned that too much delegating can slow things down, patience works better than yelling, and starting early prevents unnecessary stress. While I made a few mistakes along the way, those mistakes helped me become a better leader and made the experience much more rewarding.

Name	How many years have you been joining Awana?	What is your favorite memory from Awana?	What is something that felt really hard and how have you overcome it?	If you had to pick the single most important lesson or skill you learned here, what would it be?
Brooke	Since I was 4 years old	The original/first TNT Sleepover, was such a great memory for me, all the games and God and the early morning snacks.	For me, I had a hard time committing to reading the Bible. I had a lot of homework, and other activities but Awana gave me an opportunity to read God's word.	Memorizing John 3:16 at a young age and other Bible verses.
Jaeden	9 years	Bringing a friend from school	Doing all the gold credits I didn't give up.	God forgives
Jonathan	From the beginning of cubbies	Sleepover last year	Memorizing the verses for gold and having to catch up	Memorization
Marco	I have been in Awana for 2 years	My favorite from Awana is playing games and having a lot of fun with friends. Another part of my favorite memories was the TNT Sleepover.	Something that felt hard long time ago was knowing other people. When I joined, of course I wouldn't know much but now, it is not like I don't know anyone here in Awana.	One of the skill I learned is to serve others. The skill to help serve others and to help younger peoples. Just like learning how to lead others.
Noel	I have been in Awana for seven to eight years.	My favorite memories were when we had sleepovers as a family of God, and we all had fun and made breakfast and played games together. Another favorite memory was when all the clubbers, including sparks and cubbies, joined together and made Mother's Day and Father's Day crafts together, and we helped the little ones.	When games time teams were unfair, and nobody did anything about it. Then, one day, my team was winning all the games, and I was really happy. But then I looked at the other teams, and they were not complaining! I learned that they were being good sports, and when I complain, it doesn't help, because it is really hard to make everything fair, and the leaders are doing their best. Another thing was trying to complete and finish all the gold that I didn't do the years before. I wanted to get the timothy award, and I learned that getting the reward is not the best part, it's the feeling after you tried so hard to finish. I learned that you have to make commitments, so you don't have to go back and fix or finish them.	Being Happy. Sometimes in Awana you don't always get what you want, and you have to learn to accept it. Like being on a team with your friends. I learned that when I wanted to be on a team with Brooke, and the leaders said NO, I looked around and realized why. It's because if the leaders said yes to me, they would have to say yes to everyone, and then everyone would be with their friends, and it would be hard to make even teams. For example; it wouldn't be fair if all the grade sixes (and soon to be grade sevens) were all on the same team.

AWANA Graduates 2026 Ivy Pang

Our church has been running Awana since 2015. It takes place every Friday evening from 7:00-9:00. Over the years, we have a team of faithful leaders and volunteers to commit their time and energy to discipling all the children ranging from age 3-12. Through Awana dinner, life stories, Bible time, Awana games, special club events and the support of different fellowships, we help kids "belong to a loving community, believe God's word, and become followers of Jesus". In June, we had 5 graduates, Brooke, Jaeden, Jonathan, Marco and Noel. As they reflected on their Awana journey, they shared some of their thoughts with us. May God continue to grow them strong with the support of our church family.



Finally Married! Marco Lee

I AM SO THANKFUL

I am married to Michelle on April 11, 2026. I am very thankful to my bride's parents, who have brought her up as such kind and wonderful woman, I promise to take very good care of her all my life!

I am also very thankful to my mom Michelle. She kept telling me that I am God's child. Her job was to take care of me on behalf of God. Now Mom, you are in heaven, Jesus must have whispered to you saying, "Well done! I am so pleased."

We had a small wedding, but we are very thankful for the many angels who helped to make it successful and meaningful, even at the last minute requests. And there were many more who cared could not make it to our wedding, especially our grandparents.

MY JOURNEY GROWING UP

Just like many Chinese parents raising their kids, mine had one golden rule for me growing up: "No girlfriend while in school."

" Because if I did, that's it.

Life is over.

No time to study, no future.

I would end up being homeless, doing drugs and dealing drugs on the street.

And spoiler alert I listened and I followed this rule but somehow, I still became a drug dealer but luckily it is the legal kind as a pharmacist. So I guess my parents were half right.

Anyways, as I was saying, I actually 100% believed my parents which is the difference between me and most other kids raised by Chinese parents. Because the image they created was so scary. I never really questioned them.

The toughest part of following this rule though is that with this face of mine, I had to reject a lot of girls. Yeah... I broke a lot of hearts. I think I rejected like... six seven girls. So after I graduated university, I thought—finally! No more rejecting girls.

But... turns out... there were no girls left for me to reject. Reality hit hard man. I used to think I had game. I thought I was funny. Until one day, a coworker asked me "Hey Marco, are you a dad?" And I was like no, why? She said, "Because all your jokes are dad jokes." Yeah, that really hurts. And of course I didn't invite her to come to my wedding.

THE PATH BROUGHT ME TO MICHELLE MY BRIDE

And at that point, I realized I actually don't have any game and I might never have a girlfriend or a wife. But then...TSN turning point: I met Michelle. She laughed at all my jokes. We got along so well. And that's when I realized—she also has no game.

You know how in sports they say, "game recognizes game"? For us, it's "no game recognizes no game." It's a perfect match.

Looking back in our relationship, Michelle has taught me a lot. Especially about fashion. Before I met her, I knew brands like Nike, Adidas, Puma, Under Armour...You know... the guy starter pack.

But after I met Michelle—my brand knowledge skyrocketed. She would scroll through Instagram and be like, "Hey look at this, this is this brand, that's that brand..." And I'm just sitting there like..."I didn't even know that existed."

She also introduced me to a whole new world of plushies. Now I know names like Brown and Cony from Line Friends, Cinnamoroll, Miffy, Jellycat and many others. _____

Lastly, I want to share a dream I had before my wedding. I don't usually remember my dreams... but this one really stuck with me. In the dream, I had a teenage daughter and her name is Mimi. Her full name is Mimi Lee so go figure.

Anyways, it is the summer before she enters high school and we were hanging out, eating ice cream on a hot summer day here in Richmond.

And somehow, the conversation turned serious and I told her, "Hey Mimi, you must not have a boyfriend while you're in school." And then without any hesitation, she looked at me and said: "Bruh... no cap... you got dad jokes."



同一個結果, 不同的心態 楊揚

你要專心仰賴耶和華，不可倚靠自己的聰明。(箴 3:5)

最近，一位朋友拜託我們幫忙照顧他的狗狗幾個月。對我而言，幫朋友寄養寵物並不是什麼新鮮事，因為過去我也曾多次幫其他朋友照顧寵物。然而，這次的經驗卻帶給我截然不同的感受。這不僅是因為照顧的時間更長，更是因為這位朋友所抱持的心態與眾不同。

過去，有些朋友請我們幫忙時，心裡總是充滿歉意與不安。他們怕「麻煩」別人，甚至只是出門一個月，也會刻意拜託兩三個家庭輪流照顧寵物，只為了「不讓一個家庭承擔太多」。在這樣的心態下，寄養寵物彷彿成了沉重的人情負擔。但這一次，這位朋友的態度完全不同。他絲毫沒有把託付愛犬看作是在「給我們添麻煩」，反而真誠地盼望他的狗能在這幾個月裡，為我們的家庭帶來溫暖、陪伴與快樂。同樣一件事，僅僅因為心態的轉變，整體氛圍便從「迫不得已的重擔」，變成了「彼此分享的喜樂」。

這也讓我聯想到人們對婚姻常常抱持的看法。社會上總流傳著一些灰暗的調侃，例如「婚姻是愛情的墳墓」，或是「為了一棵樹，放棄整片森林」。然而，婚姻本該是一份聖潔、純粹且充滿喜樂的盟約，為什麼許多人卻把它視為一種禁錮？是因為婚姻需要犧牲自由嗎？婚姻的確需要付出與捨己，但世上一切美好的事物，哪一樣不需要付出代價？正如我們為了學習一項技能，或為了追求事業上的成就，而甘願犧牲眼前的娛樂時間一樣，唯有願意投入，才有可能收穫更豐盛的成果。

為了更偉大的愛與更豐盛的生命而作出的捨己，從來不是委屈的妥協，而是通往幸福與成熟的必經之路。

在許多夫妻營會中，我遇過各種處於不同婚姻狀態的伴侶。令人感慨的是，不少人來到營會時，心裡懷著這樣的想法「我們的婚姻已經走到盡頭了。」或「我再也看不到任何希望了。」

他們把夫妻營會視為「死馬當活馬醫」的最後嘗試，卻很少有人帶著這樣的盼望前來：「我相信我們的婚姻還可以變得更美好，也可以變得更加成熟。」

這兩種截然不同的預設，會直接影響夫妻雙方在關係中的每一個反應。當一個人帶著防備與絕望看待配偶時，他可能會認定：「他總是忽略我的感受，根本不在乎我。」這樣的想法會使彼此的關係持續惡化，最終彷彿印證了最初的負面預設。

相反，當一個人選擇帶著信任與盼望看待婚姻時，他會告訴自己：「無論如何，我相信配偶的心底依然愛著我。」這樣的信念能夠幫助夫妻建立良性的互動循環，在愛與信任中化解矛盾，使關係日漸深厚。

如果你發自內心地相信，伴侶的出發點是善意的，那麼即使他在表達上不夠成熟，或所採取的方式並不完美，你的回應與態度也會截然不同。

聖經說：「你要專心仰賴耶和華，不可倚靠自己的聰明。」(箴 3:5) 這節經文揭示了一種至關重要的生命態度。

很多時候，婚姻中的摩擦與痛苦，源自於我們過度倚靠自己的「聰明」。我們按照自以為正確的邏輯揣測對方的動機，用自己的方式試圖改變，甚至掌控配偶，結果往往使彼此的關係傷痕累累。當我們真正把目光定睛在神的身上，相信這段婚姻處於神的旨意與帶領之中時，我們便能逐漸學會放下掌控。我們不再憑藉自己有限的眼光斷定婚姻的結局，而是以信靠的心看待身邊的伴侶。我們也會相信，神能夠在平凡甚至軟弱的兩個人身上工作，雕琢出超乎我們所求所想的恩典與美好。

所以你願意相信配偶的所有行為都是出於好意嗎？



兒子成家了 李德強 Michael

我和太太Michelle結婚, 92年來溫哥華, 兒子Marco 是98年才來, 我和Michelle那時年輕, 很愛玩, 兒子過來了怎麼辦? 我們請當時的傳道人現在是Isaac Tsang牧師, 請他為兒子取個英文名字, 他就為我們三人湊合三個M, 為兒子取名Marco。那時我們參加本拿比頌恩堂, 弟兄姊妹都很好, 幫助我們研究教養孩子的心得, 因為我們是基督徒, 希望能按神的旨意去教導小朋友。

Marco來了以後, 他也無所謂, 任由我們安排, 我們說星期五要去團契就去團契, 他也帶同學一起去, 一直到中學。後來真的是神帶領, 當時因為我父親離世, 我要照顧母親, 就換了另一間比較近的教會, 是現在在Fraser街的主愛堂。在那裏認識了一班很好的弟兄姊妹, 最重要的還是有Pond Chan, 這位弟兄帶領我的兒子決志, 太棒了, 因為傳福音要傳給兒子真是難上加難! 雖然那時他每星期都有跟我們上教會, 但身為父母很難開口, Pond 弟兄很利害, 無孔不入, 跟他講兩下就把他搞定了, 真開心!

接下來Marco大學畢業後, 要到內陸工作, 他自己說要在去之前先受洗, 我們當然說好, 應當在人面前表露我們的身份就是基督徒, 於是他受了洗才到內陸工作。從內陸搬出來後, 他仍然有參加教會, 有的時候到我和太太Michelle的教會, 有時參加主愛堂的聚會。

後來我們搬來列治文後, 他就有跟我和Michelle來真理堂, 我們一直都沒有離開過神, 很感恩! 只可惜我太太Michelle應該是最開心的那一位, 不能在現場慶祝, 但她有在, 她在天上看著我們, 一同為神的安排而欣慰。

起初我們都有困難, 因為我和Michelle都愛說話, 但原來兒子不愛說話, 我們都不知道當怎樣教育他。因為他不說話, 我又沒有耐性, 怎麼辦? 三句不行我就發脾氣, 只有叫Michelle和他講。但我們很感恩, 因為從前教會的弟兄姊妹教我們, 你們兩人要角色分明, 一個是黃飛鴻, 一個是石堅。

於是我就當石堅, 作醜人作奸的, 說他的就由我來說。Michelle捨不得說他, 每次都很寵兒子說, 「就隨他的意吧!」 但我每件事情都分得很清楚, 可以就可以, 不可以就不可以。很感恩, 兒子很聽話, 又願意上教會, 按照神的旨意行事, 所以我很開心。

直到兒子認識了媳婦Michelle, 她比較外向, 兒子很安靜, 很好的配搭, 我就不用擔心了, 天上的Michelle也不必擔心了。唯一我希望他們兩個繼續我們基督徒的傳承, 因為我們家牆上掛了一張我很喜愛的金句, 約書亞記24:15 「至於我和我家, 我們必定事奉耶和華」。

我希望他們以後做人, 也是按照神的旨意去做。永遠兩夫妻有甚麼事, 大事小事, 有爭吵的, 坐下來禱告, 是最好的解決辦法, 我和Michelle 有時吵到大家都不肯讓步了, 不說話了, 就自己禱告。很奇妙, 氣就下了, 神會讓你想到辦法, 問題也解決了。我也希望他們兩個也一樣, 開開心心, 繼續前面的人生路, 大家飲杯!